



## International Academy

Bay Area

# Youth Soccer Training: Join the fun with LFC!

LFC's youth program offers fun, professional training and covers all levels, ages, and experience.

### Mini Academy: 18 months – 3.5 years old

- **Who:** For parents taking the first step in soccer with their child and for any boy or girl wanting to play
- **What:** The mini academy is fun, with many activities and creating a love for soccer. Mini balls, blow up soccer arenas and so much more
- **When:** Year round and available once a week or twice: Week day and weekend classes
- **Cost:** FREE (No charge)
- **Benefits:** Player bag with program t-shirt, wrist band, stickers, ball and graduation

### Instructional League: Recreational: 3.5 to 5 years old

- **Who:** For players that are wanting to play soccer for the first time or again, any experience level is no problem
- **What:** All players get professional coaches, a training in key technical skills, then play small sided games on the weekend
- **When:** Training on Wednesday and Games on Sundays
- **Winter:** During January and February we convert to soccer inside, playing Futsal
- **Cost:** \$95, 10 trainings and 10 games
- **Benefits:** Player bag with program t-shirt, wrist band, stickers, ball and graduation
- **Under 8 and Under 10** available for players wanting to continue in recreational only

### Pre-Academy: Under 7 (Ages 6 and 7)

- **Who:** Players have begun to develop and are ready for the program that prepares them for competitive soccer. Aged 5 or 6 and showing the desire to play with the fundamental skills players move to Pre-Academy. All from professional coaches
- **What:** 2 trainings a week, game on the weekend with a Spring and Fall season lasting 4 months each. Plus a tournament per season
- **When:** 2 evenings and typically 4.30pm start for practice
- **Cost:** Around \$100 a month
- **Benefits:** Player bag with wrist band, stickers, ball and graduation event into Academy! Plus a camp as part of the program!

### Academy: Under 8 (Ages 7 and older)

- **Who:** All players graduate to Academy with the fundamental skills. LFC creates 4 boys and 4 girls teams at Under 8 each year.
- **What:** It is a full program of trainings, games, camps, clinics, tournaments, evaluations, state cup and more. All from professional coaches and some of the best licensed and experienced in the area.
- **When:** Year round with a winter and summer break. Training in the evening 3 times a week and games
- **Cost:** Call us for more information as there is so many parts to the program and what you can sign up for

[www.liverpoolfcamerica-bayarea.com](http://www.liverpoolfcamerica-bayarea.com)

Contact us with any questions you have and to sign up:

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